

2019 NOVEL CORONAVIRUS

(Covid-19)

Dear Fair Haven Residents:

The Fair Haven Office of Emergency Management (OEM), under the direction OEM Coordinator, Police Chief Joe McGovern, is proactively working with the Chief of the Fair Haven Fire Department, the Captain of the Fair Haven First Aid Squad, Borough Officials, and the Superintendent of Fair Haven Borough Schools, to be sure that the Borough is prepared to deal with a possible outbreak of the novel coronavirus (Covid-19). Two Borough police officers have been assigned to the State and Local Health Departments, as the Fair Haven OEM Liaisons. These officers are attending training and informational sessions related to the virus and are working with Chief McGovern to put a plan in place if a confirmed case of coronavirus is reported in our area. It is important to note that, to date, there are no confirmed cases of coronavirus in Monmouth County or New Jersey.

As always, our number one priority is the safety and well-being of our residents, business owners, and all who travel through our community. Residents are reminded to take certain precautions, as with any illnesses, to help prevent the spread of germs:

Cover your cough and sneeze with a tissue, then throw the tissue in the trash.

Avoid touching your eyes, nose and mouth.

Avoid close contact with people who are sick.

Stay home if you are sick.

Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, after blowing your nose, coughing, or sneezing.

If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water when available.

Coronavirus symptoms may appear between 2-14 days after exposure:

FEVER

COUGH

SHORTNESS OF BREATH

If someone becomes sick in the coming weeks, they should seek medical attention. Please keep in mind that there is still the likelihood that they have contracted seasonal influenza, as we are still in high flu season in the state. The CDC has a "share the facts, stop fear" page which is quite useful in determining what fact vs. fiction is with regard to the coronavirus.

RESOURCES:

Monmouth Regional Health Commission

<https://www.mcrhc.org/>

Center for Disease Control

www.cdc.gov/coronavirus

New Jersey Department of Health

www.nj.gov/health