



MONMOUTH COUNTY REGIONAL HEALTH COMMISSION NO. 1

1540 WEST PARK AVE., TINTON FALLS, NJ 07724

www.mcrhc.org

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April 20, 2021

Dear Community Partner,

The Borough of Fair Haven in partnership with the Monmouth County Regional Health Commission is conducting a community health assessment. This assessment includes gathering input on what is important for a healthy community, thoughts about public health concerns, and what residents think are the top public health priorities in the 18 municipalities served by the Commission.

Responses to this survey will be important in shaping the future of public health services within Monmouth County.

Please use the below link to access the survey and share the link in as many places as you can; email lists to clients/residents, your Facebook page, twitter feed and website. It is important we hear from a large cross-section of the community and appreciate your help reaching the Monmouth County population.

The survey can be found online by clicking [MCRHC Community Health Assessment](#) or by visiting www.mcrhc.org to access the survey on our website.

Should you have any questions, please contact Concetta Polonsky, Regional Health Educator at cpolonsky@mchrc.org or myself at dhenry@mchrc.org.

Sincerely,

David Henry, MPH

David A. Henry
Health Officer

Allenhurst
Brielle
Deal
Fair Haven

Interlaken
Little Silver
Loch Arbour
Middletown Township

Monmouth Beach
Ocean Township
Rumson
Sea Bright

Sea Girt
Shrewsbury
Spring Lake

Spring Lake Heights
Tinton Falls
West Long Branch



The Monmouth County Regional Health Commission No. 1 is conducting a 2021 Community Health Needs Assessment.

We'd appreciate your help in this important survey.

How will we use this information?

The purpose of this instrument is to get your opinions about community health issues and quality of life. We will use results of the surveys to improve our understanding of public health needs in the community.

Once data is collected, the public health needs are prioritized to focus on the communities' greatest need. MCRHC will work with our Monmouth County partners and our Board of Health Commissioners to examine community-based health programs and services. As MCRHC moves forward, we want to focus efforts on issues and initiatives that our communities feel are important. Please help us in this goal.

Instructions

This questionnaire will take approximately 5 minutes to complete. All of your individual responses are confidential. Please read each question and mark the response that best represents your views of community needs.

Thank you for your time and interest in helping us to identify and support healthy communities.

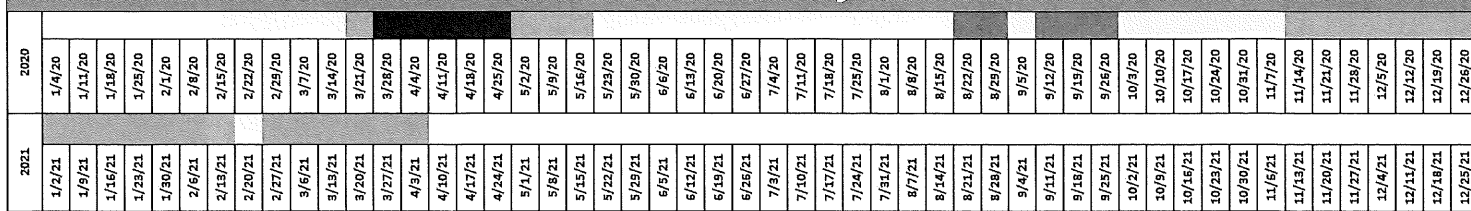


COVID-19 Activity Level Report

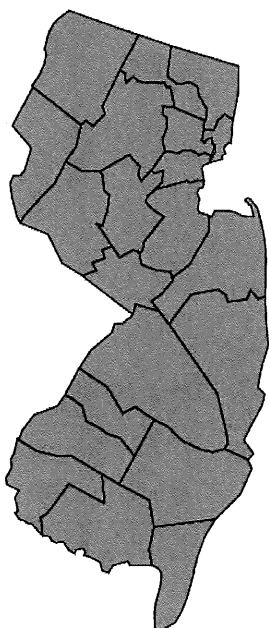
New Jersey Department of Health
Communicable Disease Service

Week ending April 3, 2021 (MMWR week 13)¹

COVID-19 Statewide Activity Level Timeline



Low
 Moderate
 High
 Very High



Region ²	Current Activity Level
Northwest	HIGH
Northeast	HIGH
Central West	HIGH
Central East	HIGH
Southwest	HIGH
Southeast	HIGH
STATEWIDE	HIGH

COVID-19 Activity Level Index (CALI)

	Case Rate ³	Percent CLI ⁴	Percent Positivity ⁵	CALI Score ⁶
Northwest	41.20 ●	5.02 ○	11.20 ○	3
Northeast	40.41 ●	7.26 ○	10.66 ○	3
Central West	29.76 ●	4.06 ○	7.89 ○	3
Central East	40.06 ●	7.48 ○	10.61 ○	3
Southwest	31.34 ●	4.91 ○	8.87 ○	3
Southeast	27.31 ●	1.85 ○	8.48 ○	3
STATEWIDE				3

Footnotes:

1. The Morbidity and Mortality Weekly Report (MMWR) week is the week of the epidemiologic year used by the Centers for Disease Control and Prevention (CDC) for disease reporting. is assigned by the reporting local or state health department for the purposes of MMWR disease incidence reporting and publishing. MMWR weeks begin on a Sunday and end on a Saturday and are assigned a numeric value ranging from 1 to 53, although most years consist of 52 weeks. Week ending dates and associated MMWR weeks can be found at: https://www.state.nj.us/health/cd/documents/flu/MMWR_2020.pdf
2. The following is a breakdown of counties contained within each public health region: Northwest: Morris, Passaic, Sussex, Warren; Northeast: Bergen, Essex, Hudson; Central West: Hunterdon, Mercer, Somerset; Central East: Middlesex, Monmouth, Ocean, Union; South West: Burlington, Camden, Gloucester, Salem; South East: Atlantic, Cape May, Cumberland.
3. Case rate (per 100,000) is calculated as a proportion of the population — specifically, daily new COVID cases for every 100,000 people. Real-time polymerase chain reaction (PCR) results for COVID-19 are obtained from electronic laboratory transmission submitted by acute care, commercial and public health laboratories to CDRSS. Case rate is monitored as a 7-day average by the first positive specimen collection date – this is the date a patient’s specimen is collected. Should a patient have more than one positive specimen, only the first one is included.
4. COVID-like illness (CLI) is defined as fever and cough or dyspnea (shortness of breath, difficulty breathing, etc.) or the presence of coronavirus diagnosis codes. With the intention to focus on CLI rather than Influenza-like illness the diagnosis of another specified respiratory pathogen (influenza, parainfluenza and RSV) is excluded. Percent daily visits associated with CLI from emergency department data is collected via EpiCenter (i.e. NJDOH syndromic surveillance). CLI is monitored as a 7-day weekly average.
5. Percent positivity is the percentage of total positive COVID-19 PCR tests out of all COVID-19 PCR tests performed. Percent positivity is monitored as a 7-day average.
6. The COVID-19 Activity Level Index (CALI) Score is calculated as described below:
 - a. In each region, each indicator is assigned a value based on the activity range it falls into. Activity thresholds and values for each indicator are defined in Table 1 below.
 - b. Next, the values are averaged together. This rounded average gives the CALI Score which corresponds to the final activity level (Table 2).
 - c. The statewide activity level is calculated by averaging the CALI Scores for the 6 regions.

Table 1: COVID-19 Activity Level Index (CALI) ^{6a}					Table 2: COVID-19 Activity Level Index (CALI) ^{6b}		
	Value	Case Rate ³	Percent CLI ⁴	Percent Positivity ⁵	Legend	Final Activity Level	CALI Score
Low	1	< 1	< 1.68%	< 3 %		Low	1
Moderate	2	1-10	1.68 - 5.51%	3-10 %		Moderate	2
High	3	10.01-25	5.52 - 13.08%	10.01-20 %		High	3
Very High	4	> 25	> 13.08%	> 20%		Very High	4

Activity thresholds are adapted from:

- The U.S. Influenza Surveillance System Methods: <https://www.cdc.gov/flu/weekly/overview.htm>
- CDC COVID-View: <https://www.cdc.gov/coronavirus/2019-ncov/covid-data/covidview/index.html>
- COVID-Act Now: <https://covidactnow.org/?s=856166>

For more information on how to protect yourself from COVID-19, see <https://covid19.nj.gov/>.